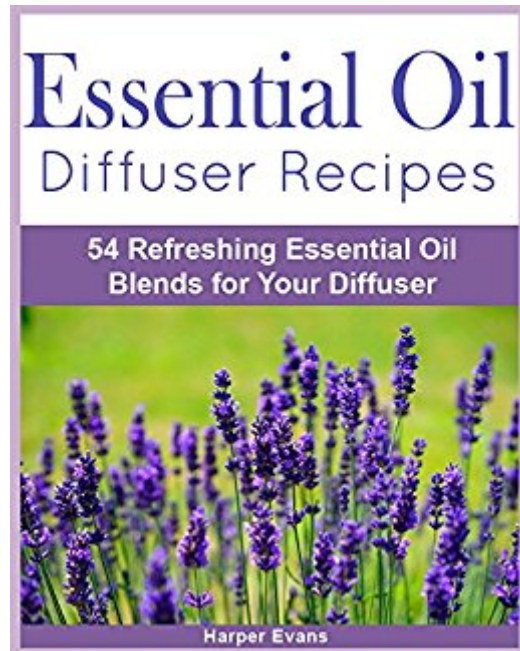


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# Essential Oil Diffuser Recipes: 54 Refreshing Essential Oil Blends For Your Diffuser



## Synopsis

54 Refreshing Essential Oil Diffuser Recipes Essential oils are a curiosity to many folks -- they smell nice, but many people are just not sure what to do with them, never mind how to get the most from aromatherapy's science-proven benefits. So where to start?! Inhale! Breathe them in! The simplest means is through diffusion: evaporating the oils into your home, office, or other living space. By using a diffuser to accelerate the evaporation of oils in the air around you, one can both enjoy the wonderful aromas of pure essential oils, and go so far as to use them for their therapeutic, medicinal effects. In this essential oils book, you will discover 54 invigorating diffuser recipes that can be used to improve your mood, increase your health, and uplift your mind, body & spirit!

## Book Information

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## Customer Reviews

I am a beginner to essential oils and have recently started using a diffuser. I bought this book and it really does have some awesome essential oil diffuser recipes. Also, I like how the author discusses the different essential oils and their uses before giving the recipes.

I love the recipes in this book.

Not what I was expecting

enjoyed the recipes

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Recipes: Essential Oil Diffuser Recipes For Weight Loss, Better Sleep & Fat Loss (Aromatherapy, Essential Oils, Detox, Cleanse, Healthy Living, ... Lavender Oil, Coconut Oil, Tea Tree Oil) Big Collection Of Essential Oils: Amazing DIY Recipes Of Essential Oils Blends, Soap Making And Repellents: (Diffuser Recipes and Blends, Skin So Soft Insect ... (Natural Remedies, Essential oils) Essential Oils: 50 Essential Oil Dog & Cat Recipes From My Essential Oil Private Collection: Proven Essential Oil Recipes That Work! (Essential Oil Pet Private Collection Book 1) Cooking With Coconut Oil Vol. 1 - 50 Coconut Oil Recipes Promoting Health, Wellness, & Beauty - Coconut Oil Cookbook - Coconut Oil Uses - Coconut Oil (Coconut Oil Diet And Recipes) ESSENTIAL OILS: Aromatherapy, Essential Oils For Beginners, And Essential Oil Recipes To Improve Your Health (Medicinal Herbs) (Essential oil recipes, ... Aromatherapy and essential oils Book 1) Essential Oils: Ultimate Essential Oils Guide and 89 Powerful Essential Oil Recipes! (2nd Edition) - How to Use Essential Oils for Aromatherapy and Healthy ... Loss, Essential Oil Recipes, Aromatherapy) The Big Book of Polymer Blends: Polymer Clay Blends. Made Simple. In One Place. Aromatherapy for the Healthy Child: More Than 300 Natural, Nontoxic, and Fragrant Essential Oil Blends Homemade Essential Oil Recipe Guide For Beginners: Personally Tested and Proven Essential Oil & Aromatherapy Recipes With Instruction Essential Oils: 40 Amazing Essential Oil Recipes for Diffusers: (Diffusers, Natural Remedies) (essential oils diffusers, young living essential oils book) Coconut Oil and Apple Cider Vinegar: 28 Mind Blowing Uses for Coconut Oil and Apple Cider Vinegar (The Apple Cider Vinegar and Coconut Oil Bible - Amazing Benefits, Many Uses, and Natural Cures) Olive Oil: (Free Gift eBook Inside!) How it Heals and Mends the Body, Beauty and Health Tips of Olive Oil (55 Beneficial Tips on How Olive Oil can Help You Today) 150 Best Tagine Recipes: Including Tantalizing Recipes for Spice Blends and Accompaniments Bath Bombs for Beginners: How to Make Refreshing Bath Bombs for Relaxation, Stress Reduction, and Better Health (DIY and Hobbies) Buddha in a Red Dress: A Refreshing Guide to Mindfulness, Meditation and Transformational Adventures Puccini Without Excuses: A Refreshing Reassessment of the World's Most Popular Composer Essential Oil Basics: The Complete Pocket Guide to Safe & Effective Essential Oil Use Synergy, It's an Essential Oil Thing: Revealing the Science of Essential Oil Synergy with Cells, Genes, and Human Health Jello Shot Recipes: 55 Fun & Creative Jello Shot

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